



## EDUCATION REQUIREMENTS

We at the Miriam Project want to help equip you with the knowledge to best parent your adopted child. We have compiled the following list of books and resources to educate you on many key adoption issues and to help you feel confident and prepared for the journey you are beginning.

### For Domestic Adoption:

We ask that each adoptive parent read the book listed below. We encourage couples to read and discuss the book together. It is also recommended that any other adult living in the home read this book. After completing the book please fill out a Book Review form and return it to the office. We have also compiled a suggested reading list. We encourage you to read as much as you can about various adoption issues.

### Required Reading:

- The Whole Life Adoption Book: Realistic Advice for Building a Healthy Adoptive Family By: Jayne Schooler

### Suggested Reading:

- The Open Adoption Experience By: Lois Melina & Sharon Kaplan-Roszia
- Adoption Without Fear By: Jim Gritter
- Attaching in Adoption: Practical Tools for Today's Parents By: Deborah Gray
- The Attachment Parenting Book: A Commonsense Guide to Understanding and Nurturing your Baby By: Martha Sears & William Sears
- Adoption Parenting: Creating a Toolbox, Building Connections By: Jean MacLeod
- Dear Birthmother: Thank You for Our Baby By: Kathleen Silber & Phylis Speedlin
- Raising Adopted Children: Practical Reassuring Advice for Every Adoptive Parent By: Lois Ruskai Melina
- The Adoption Life Cycle: The Children & Their Families Throughout the Years By: Elinor B. Rosenberg
- Twenty Things Adopted Kids Wish Their Adoptive Parents Knew By: Sherri Eldridge

## For International Adoption:

As you may know, you are required to complete ten hours of Hague mandated education before adopting internationally. Eight of these ten hours can be received by completing the online classes located on the National Council for Adoption website. We also require that you complete these classes to ensure your readiness for the process of an international adoption. We have compiled a suggested reading list, and encourage you to read as much as you can about various adoption issues.

- <http://www.hagueadoption.org/>

## Suggested Reading:

- [Are Those Kids Yours? American Families with Children Adopted from Other Countries](#) By: Cheri Register
- [Becoming a Family: Promoting Healthy Attachments with Your Adopted Child](#) By: Lark Eshleman
- [Attaching in Adoption: Practical Tools for Today's Parents](#) By: Deborah Gray
- [The Attachment Parenting Book: A Commonsense Guide to Understanding and Nurturing your Baby](#) By: Martha Sears & William Sears
- [Adoption Parenting: Creating a Toolbox, Building Connections](#) By: Jean MacLeod
- [Raising Adopted Children: Practical Reassuring Advice for Every Adoptive Parent](#) By: Lois Ruskai Melina
- [Twenty Things Adopted Kids Wish Their Adoptive Parents Knew](#) By: Sherri Eldridge

## Miscellaneous Adoption Resources

- [Reaching Out: The Guide To Writing A Terrific Birthmother Letter](#) By: Nelson Handel
- [LifeBooks: Creating a Treasure for the Adopted Child](#) By: Beth O'Malley
- [Adoption LifeBook: A Bridge to Your Child's Beginning](#) By: Cindy Probst
- National Council for Adoption <http://www.adoptioncouncil.org/>
- North American Council on Adoptable Children <http://www.nacac.org/>
- Adoption Learning Partners <http://www.adoptionlearningpartners.org/>